

vegan

nocellara olives (stone in)	£4.50
salad with herbs, pomegranate, pumpkin seed & spring or freedom sourdough, oil & balsamic (GI, Sd)	£5.25
green velvet hummus, dukkah & sourdough (S, GI, N, Mu)	£4.25
garlic mushrooms on sourdough (GI)	£7.25
spiced beans & avocado on sourdough	£9.50
crispy asian cauliflower, chilli sesame, coriander & srirach	£5.95
chick pea tagine (GI)	£10.50
avocado on sourdough, spinach & tomato chutney (GI, Sd)	£8.50
salted fries	£4.50

allergen key-

cereals containing gluten- **GI**

crustaceans- **Cr**

eggs- **E**

fish- **F**

peanuts- **P**

soybeans- **Sb**

milk (lactose)- **M**

nuts- **N**

celery- **Ce**

mustard- **Mu**

sesame- **S**

sulphur dioxide- **Sd** lupin- **Lu**

molluscs- **Mo**

